<u>Public Relations Kyotango Magazine – May 2022</u>

Safety

The 30th Safety Measures Communications Meeting Regarding the Kyogamisaki Communications Site

The 30th Safety Measures Communications Meeting Regarding the Kyogamisaki Communications Site was held on March 25th at Kyotango City Hall in Mineyama. Site Commander Major Elliot opened the meeting by expressing his gratitude towards the Tango Clinic and other municipal medical facilities for their support when the first cases of the novel coronavirus were discovered amongst U.S. military personnel in January. The Commander detailed that the base personnel eligible to receive the



K.C.S. Commander Elliot

third dose are receiving their vaccinations. He also spoke about the soldiers' move into the base and about their anticipation to engage with the local residents through various volunteer activities.

In addition to the U.S. military personnel traffic incident report (total three incidents of property damage), the Kinki-Chubu Defense Bureau also detailed that they will conduct a marine water quality and algal distribution survey over two days on March 1st and 2nd and report the results of the survey at future communication meetings.

Vice-Mayor Nakanishi, while acknowledging the progress that is being made in Tango's road infrastructure, called for the roads currently under construction to completed as early as possible and to move up future roadway construction projects. Furthermore, on top of requesting the Defense Bureau to have the military personnel properly adhere to traffic safety, the vice-mayor also would like to take the soldiers' recent move-in onto the base as an opportunity to encourage even more chances for military personnel to engage with the local residents through exchange events. Also, regarding the City's request to the base for proper mask-wearing, the Defense Bureau answered to the City that the base personnel will continue to wear masks according to the judgement of Commander Elliot.

Seniors

Living Together with Dementia

For a Town where People can Live Happily and Healthily, With or Without Dementia

The Early Stage Dementia Focus Support Team is here to support you and your family!

If you or a family member wants to get checked for dementia but don't know where to go, can't afford to seek medical care or senior care services, or struggle to address severe symptoms of dementia, please contact us.

Our team of medical and welfare professionals is available within the Regional Comprehensive Support Centers. We can provide support for a period of roughly six months.



Dried persimmon-making workshop for elderly with dementia

If you are worried about possible symptoms of dementia, call:

- **Regional Comprehensive Support Center** (inside the Welfare Office)
 - TEL 0772-69-0330
- **Regional Comprehensive Support Center Amino** (inside RaPort)
 - TEL 0772-69-0343



Challenge Day

Kyotango Challenge Day will Commence on

Wednesday, May 25th!

Challenge Day is an initiative for all of the residents of Kyotango to build their stamina and improve their health through

sport activities. This year, our opponent is Hashima City in Gifu Prefecture. On May 25th, radio exercises will be broadcast over the city's PA system (5 min) and then add another ten minutes of physical activity individually, as a family, or as a company. Let's band together as a City and move our way to victory! Details about the event will be published via leaflets in the newspaper and on the city's website.

This Year's Opponent:

Hashima City in Gifu Prefecture (Pop. 67,107 as of Jan. 1st, 2022)

Results from 2021 (Last Year's Challenge Day)

Kyotango City Participation Rate: 39.4% Total Participants: 21,140

Fujiyoshida City in Yamanashi Prefecture

Participation Rate: 46.8% Total Participants: 22,534 *Method of Calculation: Participants / Population (as of Jan. 1st, 2021)

How to Participate

1) Engage in at least 15 minutes of physical activity within the City!

As long as you're moving around, any kind of activity is okay: simple exercises, sport matches, walking to the store, or taking your dog out for a walk! Move according to your schedule and your physical activity level.

2) Report your physical activity via the methods below by 9:30PM

[WEB] Report your participation by online form [Phone] Call 0772-69-0630 (Office: Lifelong Learning Section) [Other] Take a paper Report Form and send it back via mail or fax.

*The Report Form will be inside of the newspaper the day before Challenge Day, and will also be available at each Town Hall and Regional Community Center.

*You may also report for multiple people at once.

Radio Exercise Broadcast Schedule Session 1 - 9:00AM~ Session 2 - 12:30PM~ Session 3 - 3:00PM~

Challenge Day is...

A competition between two municipalities with similar population sizes based on how

many of their citizens engage in at least 15 minutes of physical activity from 12AM ~ 9PM.

The rule states that the losing city will fly he opposing city's flag on the City Hall's main flagpole for a whole week to congratulate the opponent for their victory.





Kyotango City International Association News

Become a Member of the Kyotango City International

Association!

The KIA is looking for people who want to advance multiculturalism in our City through international exchange events.

<u>Are you...</u>

- Interested in engaging with an international community?
- Interested in multicultural experiences and wants to create a place where everyone is accepted, regardless of where they're from?
- Interested in learning Japanese or another foreign language?
 - * Anyone welcome

Main Activities

Language classes (English, Japanese, Chinese, Korean, etc.), World Cooking Classes, Introductions to Cultures around the World, Japanese Cultural Experiences

Annual Member Fee

Individuals: ¥2,000/person Groups/Organizations: ¥5,000/group







Trick or Treating at Halloween



Christmas Pops Concert

You can see some of our past activities on our social media pages!



[YouTube] [Facebook] [Instagram]

By the Kyotango City International Association Bureau (within the Policy and Planning Section) TEL 0772-69-0120 **Email:** <u>kokusai_koryu@kyotango.net</u>

Use Your MyNumber Card as Your Health Insurance Card!



You can use your MyNumber Card as your Health Insurance Card at medical facilities and pharmacies with a face recognition card reader (Your Health Insurance Card can still be used the same as always).

How to Use

1) Place your MyNumber Card on the face recognition card reader

*The card reader will check your facial features

(Your data will not be stored)

2) Medical staff will confirm your medical insurance coverage online

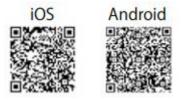
*Medical facilities and pharmacies that do not have the card reader will require your Health Insurance Card as always.



Sign up Beforehand to Use the Feature

You can sign up at the Citizen's Affair Section, any Town Hall, Insurance Section, or via smartphone (Mynaportal), Seven Bank ATM, at the card reader at your medical facility or pharmacy.

Download Mynaportal here:



Participating Medical Facilities and Pharmacies (as of 4/10)

Tango Central Hospital, Yasaka Municipal Hospital, Kumihama Municipal Hospital, Omiya Health Clinic, Taiza Health Clinic, Yoshioka Dental Clinic, Inoue Dental Hospital, Toda Dental Hospital, Nihon Chouzai Kumihama Pharmacy

Here are the Pros!

1) Use it as a Health Insurance Card, forever!

Even if you move around due to work, you can always use your MyNumber Card as your Health Insurance Card.

*Please submit a form whenever you add on beneficiaries, lose your card, or change addresses

2) Paying up-front is no longer required if you exceed your limit, even if you haven't done the paperwork

Even if you don't have the Eligibility Certificate to reduce your medical expenses, you no longer have to pay the full amount at the service window.

*1. Does not apply to those who are enrolled in national health insurance, but have not paid their Health Insurance taxes.

*2. Submission of proof is required for those who receive welfare medical funds or subsidies for medical care from their local government.

3) Use it for Filing Taxes

Since you can get information on your medical fees through your Mynaportal, you can file your taxes without having to deal with receipts from your medical facility.

4) Check your prescriptions and specific health information through Mynaportal

If you haven't made your MyNumber Card yet:

You can register through the Citizens' Affairs Bureau at your Town Hall, by smartphone, or by post.

Please take this opportunity to make a MyNumber Card.

More details on the City's website:



Steps to Register

(through the service counter at Town Hall)

Bring proof of Identification and the Notification Card to the service counter.*If you lost your Notification Card, you can reapply.

Government employee will take your picture. *You can also bring your own photo.

Fill out your information on the Application Form.

Information about receiving your MyNumber Card will be delivered to your house within 1.5~2 months. Once you've made an appointment to pick it up, please bring the mailed information with you to the service counter.

Applying for a MyNumber Card Citizen's Affairs Section: TEL 0772-69-0210

Applying for the Health Insurance Card Feature Insurance Section: TEL 0772-69-0220

Information About the Novel Coronavirus

By the **Novel Coronavirus Vaccination Call Center** TEL 0772-66-3226 (Open Mon-Sat, 9AM-5PM) *Excliding National Holidays

About the Booster Vaccine

• You are eligible for the Booster Vaccine if six months or more has passed since you

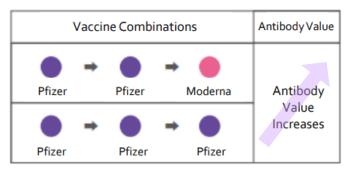
received you second dose.

Ex) Date of second dose received on 10/29/2021 \rightarrow Receive third dose 4/29/2022 and after

*According to the Notice about the Booster Vaccine issued by the City, the period since the second dose should be over seven months, but the National Government later communicated that vaccination after six months is also possible.

The Vaccination Ticket required for the appointment will be sent two weeks before the day you become eligible for the vaccine. Once you receive the Vaccination Ticket, please make an appointment via LINE or webpage, or contact the Call Center.

No matter what brand of the vaccine you receive, both will be sufficiently effective and safe to protect you from the virus (Please refer to the chart below).



Source: Munro APS, et al. The Lancet. December 2021

Vaccination Sites

Please note that the available medical facilities and date/time for your vaccination appointment will differ based on your age.

*After the specified vaccination periods below, only Yasaka and Kumihama Municipal Hospitals will administer the vaccine.

Vaccination Sites for people 18 yo+ (Sites will be reduced beginning May)

Until the end of April

- Yasaka Regional Community Center (Group Vaccination)*
- Medical Facilities within the City (13 locations)

After May 1st:

- Yasaka Regional Community Center (Group Vaccination)*
- Yasaka Municipal Hospital

• Kumihama Municipal Hospital

*Group vaccination will end on May 15th. The Pfizer Vaccines will be administered on May 14th and 15th. Please make the appropriate considerations.

Vaccination Sites for people 16-17yo (4/18~30)

Shintani Clinics, Nakae Clinic, Nobuhara Clinic, Yoshioka Clinic, Omiya Health Clinic, Tango Cooperative Clinic, Fujiwara Clinic, Yasui Clinic, Yamamoto Clinic, Kumihama Municipal Hospital, Yasaka Regional Community Center

Vaccination Sites for people 12~15yo (4/18-5/15)

Shintani Clinics, Nakae Clinic, Nobuhara Clinic, Omiya Clinic, Fujiwara Clinic, Yasui Clinic, Yamamoto Clinic, Kumihama Municipal Hospital, Yasaka Regional Community Center

About the Vaccine for Children

 Offered at Tango Central Hospital, Kumihama Municipal Hospital, and Fujiwara Clinic Children from ages 5-11 can now receive the vaccine. According to the Preventative Vaccination Law, children under 12 years old are not obligated to receive the vaccine. After reading the information guide by the Ministry of Health, Labor, and Welfare sent with your Vaccination Ticket, please discuss with your child about getting the vaccine.

The Kyoto Prefectural Government website has a list of medical facilities where you can get a diagnosis in the event you develop fever-like symptoms. Details here (Japanese):



--- If you get a sore throat, runny nose, or other fever-like symptoms ---

- 1) Refrain from going outside and make a phone consultation towards your primary medical facility or the closest medical facility.
- 2) If you are calling during afterhours or on a holiday, call the Kyoto Novel Coronavirus Medical Consultation Center (TEL 075-414-5487, open 24/7, 365 days a year).
 *As of April 14th

Population and Number of Households in Kyotango

The number in the parentheses shows the change in population from the end of February to the end of March according to the Basic Residential Registry.

Population: 52,451 (-232) Male: 25,280 (-102) Female: 27,171 (-130)

Number of Households: 22,912 (+26)

Main Reasons for Change in Population (Mar.): Move In: 216 Move Out: 403 Births: 25 Deaths: 74 Other Reasons: +4