

Public Relations Kyotango – October 2022

City Topics

Indulge your Five Senses with A Plate of Tango's Finest Ingredients

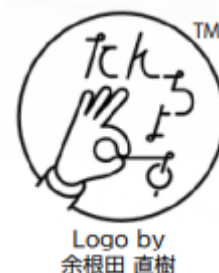


What are Tanxhos (pronounced "tan-chos")?

Tanxhos are small dishes that use local ingredients produced in Kyotango and are based off of Spanish pintxos (various foods skewered together and served on top of a small piece of bread). As a part of a campaign to promote food tourism showcasing sensitivity to seasonality, this project began in 2019 to be a new pillar for local tourism.

Tanxhos Month Begins!

October is when you can enjoy the various delicacies of Tango through Tanxhos Month. This year's theme is "Talking About People and Food through a Single Plate" and dishes that showcase the stories of the chefs and the producers who provide our food will be served. Come and enjoy the charm of Tango's cuisine that makes you want to talk about it all day.



Tanxhos Month

October 1st ~ 31st

Toppuri Tango wo Ajiwau Kai (Tango Tasting Event) – October 2nd
>Kissuien Stay&Food

Tanxhos Bar – October 19th (Wednesday)
>Tango Kingdom "Syoku no Miyako"

More details here:



By Tourism Promotion Division TEL 0772-69-0450

Let's Not Be Wasteful! October is Food Loss Reduction Month



Food loss is when edible food ends up in the trash. In Japan, large amounts of food are wasted when food is leftover or reaches its expiration date. However, despite this fact, approximately one in nine people around the world suffer from hunger, and some even lose their lives. Furthermore, food scraps that end up as burnable trash release carbon dioxide into the air, and the remaining ashes need to be buried in the ground. To reduce food loss, every single one of us needs to keep in mind to not be wasteful.

Three Kinds of Household Food Loss



Leftovers
Direct Disposal
Excessive Scraps

What You Can Do to Reduce Food Waste:

Know the difference between

Best By Date (賞味期限) and Exp. Date (消費期限)

Best By Date 賞味期限

- Signifies the period when the food tastes the best. Seen on foods that do not spoil easily such as snacks, cup noodles, canned foods, etc.

Expiration Date 消費期限

- Freshness deteriorates once the date has passed. Seen on foods that spoil more easily such as bento lunches, sandwiches, cakes, etc.

Check your fridge on days that end with a zero!

Check the items in your fridge on the 10th, 20th, and 30th of every month for their Best

By/Expiration dates!

Food Loss Initiatives in Kyotango City

At collaborating restaurants, supermarkets, and convenience stores, the City has set up signs that promote slogans such as “Eat all of your food” and “Take foods from the front of the shelf” and is working to educate residents about reducing food loss.

Population and Number of Households in Kyotango

The number in the parentheses signifies the change in population from the end of July to the end of August according to the Basic Resident Registry. Includes foreign residents.

Population: 52,249 (-30)

Male: 25,160 (-13)

Female: 27,089 (-17)

Number of Households: 22,968 (-6)

Change in Population by Major Reasons

Move in: 68

Move out: 69

Births: 42

Deaths: 71

Other reason: 0

City Personnel Changes

As of 8/31

Hikaru Kitano – Retired
Gynecologist at Yasaka Municipal Hospital

Yuiko Hirata – Retired
Pediatrician at Yasaka Municipal Hospital

Sho Harada – Retired
Senior Staff in the Policy and Planning Section under the Mayor’s Office
(Short-term Public Employment)

Mai Fukushima – Retired
Junior Staff in the Longevity and Welfare Section, Health, Longevity, and Welfare Department
(Short-term Public Employment)

Yuji Yoshioka – Retired

Senior Specialist at Tango Citizens' Bureau under the Mayor's Office
(Retiree Short-term Public Employment)

As of 9/1

Ayaka Nakagami – Hired
Gynecologist at Yasaka Municipal Hospital

Ryo Ogino
Pediatrician at Yasaka Municipal Hospital

Get Fit with Kyotango's New Walking App! Available Beginning on October 1st

Kyotango City is collaborating with the Meiji Yasuda Life Insurance Company to bring you "MyHokenApp", a walking app where you can enjoy special content for Kyotango! Please take the opportunity to download it today! More details will be published in a leaflet sent to all residents on October 7th.



By the **Health Promotion Section** TEL 0772-69-0350

Features on the App

Basic Features on MyHokenApp

- Tracks and manages your steps and sleep in a graph
- Stream at-home exercise videos

Unique Features for Kyotango

- Participate in the City's Let's Walking Challenge
- Get notifications about health information

How to Use the App

- 1) Scan the QR Code



【iPhone】



【Android】

- 2) Tap on “Use the App without a MyHokenPage ID”



- 3) On the Profile Registration Screen, enter **262129** in the Municipality Campaign Code. Then, enter your nickname, date of birth, and other information. Afterwards, set up your step and sleep goals.

We also recommend this app!

AruKotto is a walking app for all residents of Kyoto Prefecture. Within the app, you can take part in various events and games and get a chance to win great prizes! For more details, take a look at their website ->



You Need to Know about Young Carers

Who are Young Carers?



For a City where Kids can be Kids

Young Carers are Kids Like This

Generally, young carers refer to children who take on roles that are usually expected to be taken care by adults in the family, such as household tasks or taking care of family members. Instead of studying, taking part in school clubs, finding their future paths, or hanging out with their friends, these children exchange their precious time taking care of the house and their family members. So eventually, the burden of their personal responsibilities often will affect their schoolwork and their friendships.



Does household tasks such as cooking, cleaning, and doing laundry in place of other family members



Takes care of young siblings in place of other family members



Takes care of sick or disabled family members and assists them with bathing or using the toilet



Works to help support the family's finances

From the MHLW's website

In most instances, Young Carers will think what they do is how things should be, or will find it hard to speak up about their problems at home to others.

Do you think you're a Young Carer? Please Talk with Us.

It's okay to reach out to the adults around you and ask for help. You aren't alone. It's alright to rely on someone. If you think you are a Young Carer yourself, or you feel someone you know is a Young Carer, please consult with us.



Kyotango City Parenting Consultation Office (Parenting and Child Section)

TEL 0772-69-0340

Kyoto Prefecture Young Carer Comprehensive Support Center TEL 075-662-2840



For more details, please take a look at the MHLW's website >

New cases are being reported every day.
**Let's Review Proper Coronavirus Prevention Measures
Once Again**

Prevent the Spread!

- ◆ Please change the air frequently for proper ventilation.
- ◆ Please wear your mask when conversing, even during mealtime.
- ◆ Please refrain yourself and your family members from going outside whenever you feel unwell.

To prevent spreading the virus to vulnerable people:

For elderly citizens, those with pre-existing conditions, and those who come into contact with the former two on an every-day basis, please take extra caution such as refraining to go out to events or locations with a high risk of spread. Also, please abide by coronavirus prevention protocol at medical facilities or senior care facilities, such as online appointments.

Vaccinate to prevent serious symptoms:

In Kyotango, we are currently administering initial vaccinations (1st, 2nd dose) and booster vaccinations (3rd, 4th dose). If you are eligible and would like to receive the vaccine, please contact the Call Center to make your appointment.

The City will begin rolling out the Omicron vaccines from the beginning to the middle of October. **Residents over the age of 12 who have received both of the initial doses of the vaccines** are eligible to receive the Omicron vaccine. For more details, please take a look at the website or the leaflet that will be sent out at a later date.

If you have more questions about the Novel Coronavirus:

On how to get your vaccination/make an appointment

Novel Coronavirus Vaccination Call Center (TEL 0772-66-3226)

Mon~Fri, 9AM~5PM (Closed on Holidays)

For General Questions about the Novel Coronavirus

Novel Coronavirus Countermeasures Office

TEL 0772-69-0135

Mon~Fri, 8:30AM~5:15PM (Closed on Holidays)

For Club Activities and School Excursions, Use the KTR and get a Special Deal!



For junior and senior high schools in the Tango Region, the City will subsidize a portion of your transportation fees when you use the Kyoto Tango Railway for your extracurricular activities, such as a club activity or volunteer event.

About Group Subsidies for KTR

Effective Period: Until March 31st, 2023

Details: Subsidy applies to transportation fees on KTR Lines.

*Subsidy only covers up to 2/3 of total ticket fees.

How to apply: Apply through the school to the corresponding local government

By the **Policy and Planning Section**

TEL 0772-69-0120

For more information, scan here>



Introducing Three New, Convenient Systems to Get your Paperwork Done!

Automatic Application System using your MyNumber Card

You don't have to write your name and address over and over again on paper applications!

◇ In effect beginning Sept. 30th

Just by using your MyNumber Card on the application of your choice, your name, address, date of birth, and gender will be automatically entered in for you.

Participating locations: City Hall in Mineyama, Welfare Agency, each Citizen's Bureau



Online Application System

You can apply through your smartphone! You don't have to come to City Hall, and it's available 24 hours a day!

◇ Scheduled to be in effect at the end of October

You can apply for after-school programs and request various certificates of proof through your smartphone. For processes that require proof of identification, you may

use your MyNumber Card as public authentication. You can also pay for the processing fees using online transactions.

Remote Consultation System

A service window meant for citizens who cannot come all the way to City Hall

◇ In effect beginning October 3rd

From monitors located at the sites below, you can call to a representative at City Hall. The representative will guide you through the processes while you look at the screen.

Participating Location: Former Ukawa Junior High School (※For the Ukawa District)

For more information, scan here>

By the Digital Strategy Section TEL 0772-69-0130



A Guide on Kyotango Digital Points! Beginning October 17th, 2022!

Starting Promotion

Earn up to x10 points!

The promotion will go on until 50 million points have been given out. Each person can receive up to 2,000 pts on this promotion. Points will be valid for use until February 28th, 2023.

What are Kyotango Digital Points?

- They are points you can use to shop at participating locations within Kyotango City
- You can use either a Point Card or the app!
- Points can be used on your next purchase. One point = ¥1. The points will be valid for use for up to two years
- You will be granted 500 points per person in your household. One Point Card will be sent to each household. You can also download the app on your smartphone.





- Download the App today! Scan the QR Codes below:



iOS



Android

The words on the app's home screen are large and easy-to-see!

Get 1 point with every ¥130 you spend!

If using the Point Card

- Place in front of the card reader



If using the App

- Scan the QR Code



We are looking for Vendors!

- Register anytime!
- If you apply as a vendor by September 30th, get 3 months of membership for free! (Membership fee is ¥1000/mo)
- For more details, please inquire to:
Kyotango Digital Point Management Council
(within Commerce and Industry Promotion Section)
TEL 0772-69-0440 FAX 0772-72-2030
E-mail: shokoshinko@city.kyotango.lg.jp
(Application Form and Instructions on how to apply are available on the City's website.)

