

Kyotango Public Relations Magazine – October 2025



Demographic Changes in Kyotango City

Timestamp	End of Jul. 2025	End of Aug. 2025	Change
Total Population	49,403	49,323	-80
Male	23,805	23,768	-37
Female	25,598	25,555	-43
Households	22,887	22,872	-15
Changes by Main Criteria	Move-ins		51
	Move-outs		86
	Births		18
	Deaths		63
Other reasons			0

Red Feather Cooperative Fund - Please Donate Today!

This year's theme is "a better system to improve our community". With the red feather as our symbol, we are fundraising all over Japan. Donations to this fund will help support regional baby salons, neighborhood child safety patrol services, child welfare programs, healthy development programs for children and youth, welfare facility maintenance, and more.



Duration	October 1 st , 2025 ~ March 31 st , 2026
Fundraiser Goal	8,483,000 yen

By the **Kyotango City Cooperative Fund Association** (Within the Welfare Section)

TEL 0772-69-0310

International Exchange News

Multiculturalism x Disaster Prevention

Let's Think about Disaster Response from a Diverse Range of Perspectives

To build a community that can respond to disasters so that everyone, regardless of their culture and language, feels safe and secure, the Kyotango City International Association held a lecture and workshop on the theme of multiculturalism in disaster prevention on August 8th.

On the day of the event, eight students from JICA (※) Kansai's international student program participated with Kyotango's citizens in the workshop. There were students from countries that have never experienced earthquakes, so the workshop was a great opportunity for everyone to learn and know about the different natural disasters that occur in Japan and in their home countries, and each country's response to every kind of natural disaster.

※ JICA = *Independent Administrative Corporation, Japan International Cooperation Agency*



Participants discussing about what to prepare when a disaster strikes.

By the **Kyotango City International Association** TEL 0772-69-0120

October is Food Loss Reduction Month

Reduce Potential Food Waste in your Fridge

Food loss refers any food that is thrown away, regardless of whether the food is still edible or not.

Every year, Japan produces 4.72 million tons of food waste, which means about one rice ball's worth of food goes to waste every day per person. Let's uphold the spirit of "mottainai" and do what we can to reduce as much waste as possible.

Actions you can start doing today to reduce food loss

- 1) **Know the difference between the consume-by date (*shouhi-kigen*) and the best-by date (*shoumi-kigen*)**

If the consume-by date has passed, it is not recommended for you to consume the food. If the best-by date has passed, it does not mean that the food is no longer consumable, so please check whether or not it is still safe to eat.

- 2) **Use up your food ingredients completely**

Use your leftover dishes in other dishes, and work on ways to preserve your foods and consume all of the food.



Recipes to reduce food
waste (Consumer
Affairs Agency)

3) Freeze your foods

After a big shopping trip, aren't your foods bruising each other in the fridge? Many different kinds of vegetables can be stored in the fridge for certain kinds of cooking!



Food storage tips
(Kyoto Prefecture)

4) Donate to food drives

The Kyotango City Social Welfare Council collects excess food and supplies that might be stored in your home and distributes them to households in need. For more information, please inquire to your local branch office.



More details about
Food Drives

Accepted Items: Unopened and unused items that can be stored at room temperature. Best by date/Expiration date is not for at least another two months.

By the **Life Environment Section** TEL 0772-69-0240

Government Building Renovation Project – Omiya Town Hall

The Board of Education Has Moved to the 3rd Floor

The construction on the 3rd Floor of Omiya Town Hall has finished, and the Board of Education office has now temporarily moved to the 3rd Floor since September 22nd. Currently, the 1st and 4th Floors are begun renovation work and plan to be completed by March next year. After the renovations are done, the Board of Education will move back up to the 4th floor. We ask for your understanding and cooperation.



November 15th is the Tango University Ekiden Relay

Every November, the Tango University Ekiden Relay (Kansai Scholastic Ekiden Relay Race) is held within Kyotango City, Yosano Town, and Miyazu City. This year marks the 30th time this race has been held in Tango, and will be held on November 15th. Twenty-two universities from the Kansai Region will compete for the title of the number one school.

The winning school will earn a spot in one of Japan's big three university Ekiden races, the Izumo Ekiden. Each university will race to win, going head to head on the

streets of Tango. We hope that you can cheer on the runners.

Map of the Ekiden Relay Course



Let's Not Waste Anything!

Tasty Tidbits of Knowledge

Mini Tomato and Avocado Salad

A super-easy recipe if you use frozen mini tomatoes!

Kill two birds with one stone by storing foods in the freezer!

By freezing tomatoes, not only do you extend their shelf life, but you can also peel the tomatoes much more easily by placing the frozen tomato in water. By freezing the tomato, much of the water gets expelled, so it's perfect for stewed dishes and can even shorten your cooking time!



Ingredients (serves 3):

Mini tomatoes (frozen)... 200g

Avocado... 1 half

Mozzarella cheese... 50g

Soy sauce... 1 tbsp

Vinegar... 2 tsp

Olive oil... 1 tsp

Honey... 1 tbsp

Whole-grain mustard... 1 tsp



Instructions:

- 1) Peel the frozen tomatoes and cut into halves.
 - 2) Cut the avocado and mozzarella cheese into bite-sized pieces
 - 3) In a bowl, combine the ingredients marked with a star and mix to make the dressing.
Add the tomatoes, avocado, and mozzarella cheese and toss lightly to cover.
- ※As the tomatoes will add moisture to the dish, please consume as soon as possible.

A Tidbit of Trivia

To freeze your mini tomatoes, rinse them in water, remove their tops, and wipe off any excess moisture before putting them into freezer bags. You can also do the same for large tomatoes as well. Not only can you freeze tomatoes, but you can also freeze a whole bunch of other ingredients. Based on the preservation method, you might be able to use easy-to-bruise ingredients to the last bit in all sorts of delicious ways. Let's reconsider how we store our food, and do our best to reduce food loss!

Event Guide – October

10/5 (Sun.) – Tango

Crafting Class: Launch Things with the Power of Air!

Use an air pump made out of a milk carton to launch different things into the air!

Time: 10:30 ~ 11:30

Place: Tango Town Hall, 2F

Capacity: 20 ppl

For kids ages around 5 to elementary school (Kids under 6 should be accompanied by a guardian)

Prior registration required.

Contact: Tango Library Room TEL 0772-69-0141

10/16 (Thurs.) – Yasaka

Baking Class: Sweet Red Bean Paste Bread Buns and Bread Rolls

Time: 1:30PM~ 3:30PM

Place: Yasaka Community Center

Capacity: First 15 ppl

Materials Fee: 1200 yen

Please bring an apron, bandana, disposable gloves, and hand wipes.

Sign up by 10/6. (Cancellations after 10/8 will still need to pay for the materials fee)

Contact: Silver Human Resources Center TEL 0772-65-0052

10/17 (Fri.) – Amino

Amino Library

Night at the Library – Explore!

Thrills and excitement! Let's explore the library at night!

Time: 6:45PM ~ 7:45PM

Place: Amino Library

Capacity: 8 ppl (If there are more applicants than capacity, then the participants will be selected by lottery)

For elementary school students in Kyotango City

Sign up by 10/3 (Phone OK)

Contact: Amino Library TEL 0772-72-4946

10/18 (Sat.) – Mineyama

Heartful Festa – A Gathering for Everyone

At the event, there will be a reading contest about human rights for junior high school students, choir performances, disaster prevention seminars, human rights consultations, and exhibitions.

Time: 9:30AM~1:00PM

Place: Mineyama General Welfare Center

Daycare room service (reservation required), Japanese sign language interpreting, and handwritten visual aids are available.

Scan the QR Code for more details.



Contact: Citizens' Affairs Section TEL 0772-69-0210

10/18 (Sat.)~19 (Sun.) – Mineyama

Mineyama Autumn Culture Festival

An exhibition of works made by groups under the Mineyama chapter of the Cultural Association. Enjoy paintings, flower arrangements, photographs, bonsais and other works made by local residents. There will also be matcha tea service by a local tea ceremony group.



Time: 9:30AM~5:00PM (Until 4:00PM on the 19th)

Place: Mineyama Community Center

Contact: Mineyama Community Center

TEL 0772-69-0661

10/24 (Fri.), 11/18 (Tues.)

Parenting Social Event

Time: 10:00AM ~ 11:30AM

Place: Amino Regional Childcare Support Center

For young children in Kyotango City who are not enrolled in nursery or kindergarten and their guardians.



More details here

10/24 (Fri.)

Place: Support Centers (Omiya Kita, Amino, Tango, Kabutoyama, Koryuu)

If your child is not registered with a Support Center, then you may attend the sessions at Omiya*, Amino, Tango, or Kumihama.

11/18 (Tues.)

Place: Support Centers (Mineyama, Omiya Minami, Yasaka)

If your child is not registered with a Support Center, then you may attend the sessions at Mineyama, Omiya*, or Yasaka.

**Children who live in Omiya but are not registered with the Support Center may attend either session.*

Contact: Childcare Support Section TEL 0772-69-0370

11/8 (Sat.) – Omiya

Discovering my Future! - Engineering Challenge Classroom

There will be a lecture by women in the fields of STEM and a lab!

Participants of all genders are welcome to sign up!

Sign up here:



Time: 1:00PM ~ 4:00PM

Place: Agri Center Omiya

For elementary 4th grade students to junior high school students (guardians may also accompany).

Please register via phone or the event form by Oct. 30th.

Contact: Citizens' Affairs Section TEL 0772-69-0210

Bulletin Board

Information

Don't know if you need an ambulance? Call #7119 first!

If you or someone around you gets suddenly sick or injured, but you don't know if you should call an ambulance, you can receive a consultation or advice from a healthcare professional by calling #7119, Kyoto Prefecture's Emergency Relief Center, which is available 24/7, 365 days a year.

For children (ages 14 years old and under and their families), please call #8000.

By the **Fire & Emergency Department HQ, Civil Defense Division**

TEL 0772-62-8129

Beware of Bear Sightings in the Town Area!

Bears have been reported to appear all throughout Kyotango City, and even within central town areas. Even when going out during the day, please make sure to wear a bear-repellant bell, radio, or other noisemaker so that bears are alerted of your presence. Fruit trees, especially persimmons, also invite bears to come near human settlements, so please pick the fruits off of the trees before they ripen, even if you have no intent to harvest them. Also, please wrap the tree trunk with galvanized iron

sheets to prevent bears from climbing up the tree.

By the **Agriculture and Forest Management Section** TEL 0772-69-0430

Subsidies and Other Assistance

Subsidy for Solar Generators and Power Reserves

For who?: Anyone who satisfies all of the following conditions:

- Any individual currently residing, or company or production site based in Kyotango City.
- Installments will be used for one's own personal use or business operations.
- Has no outstanding tax debts to the City.

More information here

By the **Life Environment Section** TEL 0772-69-0240

Blood Donation Calendar

Date	Reception Hours	Location
10/17 (Fri.)	10:00AM~11:30AM 12:45PM~3:00PM	Tango Town Hall
10/19 (Sun.)	9:30AM~11:30AM 12:45PM~3:30PM	Shopping Center Mine

By the **Health Promotion Section** TEL 0772-69-0350

Call #189 If You Suspect Child Abuse

When you call #189, you will be connected with a specialist at a nearby child services office. You may also use a nickname when making a call. All matters will be kept confidential.



By the **Child and Family Center (Childcare Support Section)** TEL 0772-69-0370



Get Medical Attention on the Weekends Doctors Available for an Emergency Diagnosis

Hours: 9AM – 12PM / 2PM – 5PM

Specialty: Internal Medicine

9/28 (Sun)	Yasaka Hospital	TEL 0772-65-2003
10/5 (Sun)	Tango Furusato Hospital	TEL 0772-72-5055
10/12 (Sun)	Kumihama Hospital	TEL 0772-82-1500
10/13 (Mon)	Yasaka Hospital	TEL 0772-65-2003
10/19 (Sun)	Kumihama Hospital	TEL 0772-82-1500
10/26 (Sun)	Yasaka Hospital	TEL 0772-65-2003

**Please visit the physician on duty if you are experiencing fever or other symptoms, or need your child to be checked up.*

**Please call to confirm reception times, as each medical facility may differ.*

**City hospitals with emergency services are Tango Central Hospital, Yasaka Hospital, and Kumihama Hospital.*

By the **Medical Affairs Section** TEL 0772-69-0360

Consultation Services

※The following services are, in principle, free. All matters will be kept confidential.

Consultation Service	Dates	Place	Matters Addressed	Reservations	To Sign Up or Contact
Healing Café Tsusentei	11/5 (Wed.) 10AM~2PM	Machi Machi Information Center	Talk about your troubles in a relaxed space.	Not required	Health Promotion Section TEL 0772-69-0350
	11/13 (Thurs.) 10AM~4PM	Kissako Tsusentei Café			Tsusentei Management Committee TEL 0772-83-0139 Health Promotion Section TEL 0772- 69-0350
Mental Health	10/27 (Mon.)	Mineyama	A public health	Prior	Health Promotion

Consultation Service	9:00AM~5:00PM	General Welfare Center	nurse and clinical psychologist will listen to your worries.	reservation required	Section TEL 0772-69-0350
Health & Nutrition Consultation Service	10/27 (Mon.) 9:00AM~11:30PM	Mineyama General Welfare Center	A public health nurse and nutritionist will provide advice on improving your health and diet.	Prior reservation required	Health Promotion Section TEL 0772-69-0350
Hikikomori Consultation Service	Weekdays 9AM~6PM (excluding Wednesday afternoons)	Hitotowa	For people in reclusion, their families, and related persons (50 min slot per person) Prior reservation required	Prior reservation required	Enterprise Union Labor Cooperative Center Project “Hitotowa” TEL 080-2507-9010
Yoriso Shien Comprehensive Support Center	Mon-Fri 9AM~5PM *Closed on public holidays	Mineyama General Welfare Center, West Annex	A one-stop place to discuss and get support for worries about everyday issues and employment.	Not required	Consultations: 0120-125-294 Yoriso Shien Comprehensive Support Center TEL 0772-62-0032
Individual Consultations for Jobseekers	10/2 (Thurs.) 10AM~4PM 10/16 (Thurs.) 10AM~4PM	Amino Town Hall Annex (10/2) Mineyama General Welfare Center (10/16)	One-on-one counseling for job-seeking activities (50 min per person)	Prior reservation required	Northern Kyoto Job Park TEL 0773-22-3815
Nurse Employment Consultation Group (Includes Nursing Aides)	11/6 (Thurs.) 1:30~3PM	Hello Work Mineyama	Consult about restarting your career or changing jobs. Gather useful information and information on trainings for re-employment	Not required	Northern Kyoto Prefecture Nurse Support Center TEL 0772-46-9002

Employment Consultation Service for Young People	Mon, Tues, Thurs. 11AM~4PM *Closed on public holidays	Yorisoi Shien Comprehensive Support Center	Employment support for job hunting 15- to 49-year olds and family members (50 min per person)	Prior reservation required	Northern Kyoto Young Person Support Station, Kyotango Satellite Office TEL 050-3559-2804
Government Administration Consultation Service	10/8 (Wed.) 1:30~3:30PM 10/22 (Wed.) 9:30AM~11:30AM	Amino Town Hall (10/8) Mineyama Community Center (10/22)	Grievances, opinions, and hopes about national policies	Not required	Kyoto Administrative Monitoring and Administration Consultation Center 075-802-1100
Consultation Window for Everything and Anything about Government Administration	10/23 (Thurs.) 1:00PM~4:00PM (Last appointment at 3:30PM)	Mineyama General Welfare Center			
Legal Consultation Service	10/2 (Thurs.) 1:30~4:30PM	Mineyama Community Center	Issues regarding household registry, debts, and laws and regulations (30 minutes per person)	Prior reservations required	Kyoto Judicial Scrivener's Association Comprehensive Consultation Center TEL 075-255-2566
	10/8 (Wed.) 2:00PM~4:00PM	Kyoto Regional Legal Affairs Bureau, Kyotango Branch	Issues regarding inheritance and wills (30 minutes per person)		Kyoto Judicial Scriveners TEL 075-585-4113
Administrative Legal Consultation	10/1 (Wed.) 10:00AM~12:00PM	Mineyama General Welfare Center	Construction permits, matters concerning the Agricultural Land Act, inheritances/wills, contract writing,	Not required	Prefectural Administrative Lawyer's Association First Chapter Bureau TEL 0772-68-0237

			etc.		
Pension Consultations by the Pension Office	10/23 (Thurs.) 10:30AM~3:45PM 11/20 (Thurs.) 10:30AM~3:45PM	Mineyama General Welfare Center	Please bring your Pension Booklet or anything that shows your pension code	Prior reservation required	Maizuru Pension Office TEL 0773-76-5772
Tax Consultation - Kinki Tax Accountants' Association, Mineyama Branch	11/12 (Wed.) 1:00PM ~ 4:00PM	Mineyama Community Center	Issues regarding income tax and others (30 minutes per person)	Prior reservation required	Mineyama Tax Payment Association TEL 0772-62-5458
Consumer Affairs Consultation Service	Weekdays 9:00AM ~5:00PM *Closed on public holidays	Consumer Living Center (within the Yorisoi Shien General Support Center)	How to go about contracts, cooling off periods, and other consumer affairs	Not required	Kyotango City Consumer Living Center TEL 0772-62-6768 Consumer Support Hotline (TEL 188)
Women's Consultation/In-Person Consults	10/22 (Wed.) 1:15PM ~ 4:05PM	Announced when appointment is made.	A counselor specializing in women's issues will answer to your troubles.	Prior reservation required.	Citizens' Affairs Section TEL 0772-69-0210
Women's Phone Consultation Service	Mon. ~ Fri. 8:30AM-5:15PM (Closed on public holidays)	N/A	Call if you have problems in the home, interpersonal relationships, domestic violence, or others.	Not required	Women's Telephone Consultation Hotline TEL 0772-69-0217
Adult Conservatorship Support Center	Mon.-Fri. 8:30AM~5:15PM (Closed on public holidays)	Mineyama General Welfare Center	Consultations and support regarding rights protection support for adult conservatorship	Not required	Yorisoi Shien Comprehensive Support Center TEL 0772-62-0032 Longevity Welfare Section TEL 0772-69-0330 Disability Welfare Section TEL 0772-

					69-0320
Human Rights Consultation Service with a Human Rights Protection Officer	Every Thursday 9:00AM~4:00PM	Kyoto Local Legal Bureau, Kyotango Branch	Discrimination, harassment, and other infringements on human rights	Not required	Kyoto Local Legal Bureau, Kyotango Branch TEL 0772-62-0365
Special Human Rights Consultation Service	10/1 (Wed.) 1:30PM~4:00PM	Agri Center Omiya			
Consultation Service for Young Carers	Mon.~Fri. 8:30AM ~ 5:15PM *Closed on public holidays	Mineyama General Welfare Center	Accepts requests from both children who take on responsibilities caring for relatives or doing chores at home and their guardians	Not required	Child & Family Center (within the Childcare Support Section) TEL 0772-69-0370
Child & Family Center			Pregnancy, birth, childcare, home matters. Accepts consultations by phone or in-person visits to the center or home.		

Protecting Your Life

MyNumber Emergency System Will Begin October 1st!

The MyNumber Emergency System allows first responders to use your MyNumber Health Insurance Card and see your medical information if you are caught in an emergency. In the event you are transported to the hospital while you cannot speak, and the staff do not know your primary healthcare provider or your drug history, this allows the emergency team to view your medical information, reducing your financial burden, promoting smooth transport to an appropriate hospital, and appropriate medical care.

Information that can be accessed



Medical History



Prescription History



Checkup History

**When accessing your medical history, your name, date of birth, and address will also be accessed.*

We ask for your understanding and cooperation with this system.

We would like to request the understand and cooperation of all residents to carry their MyNumber Health Insurance Card and consenting to first responders to view your medical information. If you have not registered for a MyNumber Health Insurance card, please use this opportunity to register today!



Register your MyNumber Health Insurance Card



For more information about the MyNumber Emergency System

How the MyNumber Emergency System Will Work



- 1) First responders receive consent from the patient and scan their MyNumber Health Insurance Card.
- 2) The emergency team will view the patient's medical history, prescription history, and checkup history (includes patient's full name, date of birth, and address).
- 3) From the medical information, the emergency team can provide more appropriate medical care and select the appropriate medical facility.

By the **Fire & Emergency Department, Civil Defense Section** TEL 0772-62-8129