

Drifting Waste

Protect Kyotango's Beautiful Coast

The supposedly pristine coastline facing the Sea of Japan...

Most of Kyotango's coastline is recognized as a part of the San'in Kaigan National Park and the Tango-Amanohashidate-Ōeyama Quasi-National Park; many tourists visit the coastline every year.

However, large amounts of trash drift onto various beaches along our coastline. More than half of the trash are items that we use every day. Littered trash from roads and mountains or from illegal dumping is swept away by the rain and wind, drifting down rivers until it ends up in the ocean. Every year, the city collaborates with local organizations and volunteers to collect the large amounts of drifting trash.

The drifting trash does not only spoil the scenery we enjoy on our coastline; animals in the sea also mistake the trash as food and eat it. The trash also gets caught in and damages fishing nets and gets in the way of passing fishing boats. Furthermore, the trash that drifts onto our beaches also requires considerable time and expense to get rid of. However, we can lessen this kind of trash just by simply becoming more mindful in our everyday lives. Please remember and keep the 4Rs in mind (listed below).



Lessen your trash with the 4Rs!

Refuse

Decline the plastic bag at the store and use your own eco-bag. Opt out of excessive packaging for simpler packaging.

Reduce

Buy only what you need.
Utilize refillable products.

Reuse

Buy from second-hand shops. If it's broken, try to fix it as much as possible.

Recycle

Sort your trash by the rules to recycle as much as you can. Choose items made from recycled materials.

Thinking about the Drifting Trash along the Coast

The local junior high school students participated in an environmental education program called “Hirotte Tsunagu Tango no Umi” (Pick up and Preserve Tango’s Sea) from October to November, which taught them how about what types and how much trash drifts along our coastline, the cause of the trash, and the ways to reduce such trash. The students participated in cleaning events on the local beaches and played a game of Bingo where they sorted out the trash that they collected to learn about drifting waste.

The city will continue to make initiatives for educational programs to reduce trash and protect our beautiful coastline.



In years with a lot of drifted waste, the local volunteers pick up more than 1,000 tons of trash on our city’s beaches with heavy machinery.

Environment

Introducing my Green Curtain

Not only do Green Curtains block out the sun, but you can also enjoy other benefits like blossoming flowers and fresh bitter-melon all while having a nice, cool summer.

We received some letters with pictures from participants who attended a lecture on how to grow your own Green Curtain held in May and would like to show their results to you. Please try this easy climate-change-fighting method at home!



1. Kikuoka - "I tried my best to give my plants plenty of water every day."
2. Kisuie - "We will make champuru, tempura fritters, and kinpira from the goya we harvested!"
3. Imada - "Whenever I look outside, the beautiful shadows from the leaves calm me down."
4. Iwamoto - "The vines bear fruit even into late September."
5. Adachi - "I was able to harvest some seeds, so I will try it again next year!"
6. Okamoto - "I was able to spend a cool summer this year."

Environment

To Preserve our Beautiful Kyotango for the Next Generation

Cleaning our Beaches All Together

The 10th Mizu wo Tsunagu Cleaning Operation

The Mizu wo Tsunagu Cleaning Operation was held on September 26th in Kyotango City. This beach cleaning event was a comprehensive effort by all the residents in Kyotango to sustain and revive Kyotango's beautiful environment. On Amino's Hacchohama Beach, over 70 people from various businesses, organizations, as well as local residents of all ages participated in the beach clean. On top of properly abiding by coronavirus measures, they cleaned the beach for approximately one hour.

“When the children become adults, I want to leave them a beautiful ocean that they can be proud of,” raised a voice from one of the participants. The Mizu wo Tsunagu Cleaning Operation will take place again next year. Let’s work together to preserve Kyotango’s beauty for our next generation.



Volunteers at the Beach Clean

Beach Issei Cleaning Operation

On October 24th, the Beach Issei Cleaning Operation was held on the coast of Kazurano. This initiative aims to preserve the beauty of Kyotango’s sandy beaches that are recognized as part of the San’in Kaigan UNESCO World Geopark, and to develop and enliven the area as one of Japan’s best beaches throughout the year. Over 100 general volunteers, employees from local businesses, and local residents participated in the event and collected over nine 1-ton sandbags worth of plastic bottles, cans, and fishing gear that drifted onto the beach over the course of two hours.



Beach cleaning volunteers and the collected trash

Change of Employment Status in Kyotango City

As of 10/31:

Nurse in Yasaka General Hospital's Nursing Division Miki Kinoshita - Retired

As of 11/1:

Internal Medicine Director in Kumihama General Hospital's Diagnostics Division –

Tetsuo Yamaji - Hired

Junior Employee in Kyotango City's Board of Tourism Rino Yamakawa - Hired

Population and Household Data	
<p>The parentheses show the change in number according to the Residential Register since the end of October (includes foreign residents).</p> <p>Population: 52,961 (-36) [Male:25,523(-24), Female:27,438(-12)] Households: 22,939 (±0)</p>	<p>Main Reasons for Changes in Population (October)</p> <p>People who moved in: 83 Births: 18 People who moved out: 61 Deaths: 75 Other Reason for Leaving: 1</p>

Senior Support

Issuing the Senior Job Catalog

Support for Lively Seniors Project

This year, the City has begun the Support for Lively Seniors Project, which aims to provide support for senior citizens (roughly 60 years of age and above) and help them find fulfilling events and jobs in order to live happily and healthily.

Together with this project, the city has also issued the Senior Job Catalog which contains job postings and volunteer opportunities for senior citizens. In the catalog, there is information on jobs which do not require any prior experience, jobs with a variety of employment terms to fit any lifestyle, and easy-to-perform jobs meant for seniors.



Senior Job Catalog

A catalog for seniors that compiles information on job and volunteer opportunities. Each issue publishes hiring information from local businesses and is free to pick up from your local Citizen's Bureau or public facility.

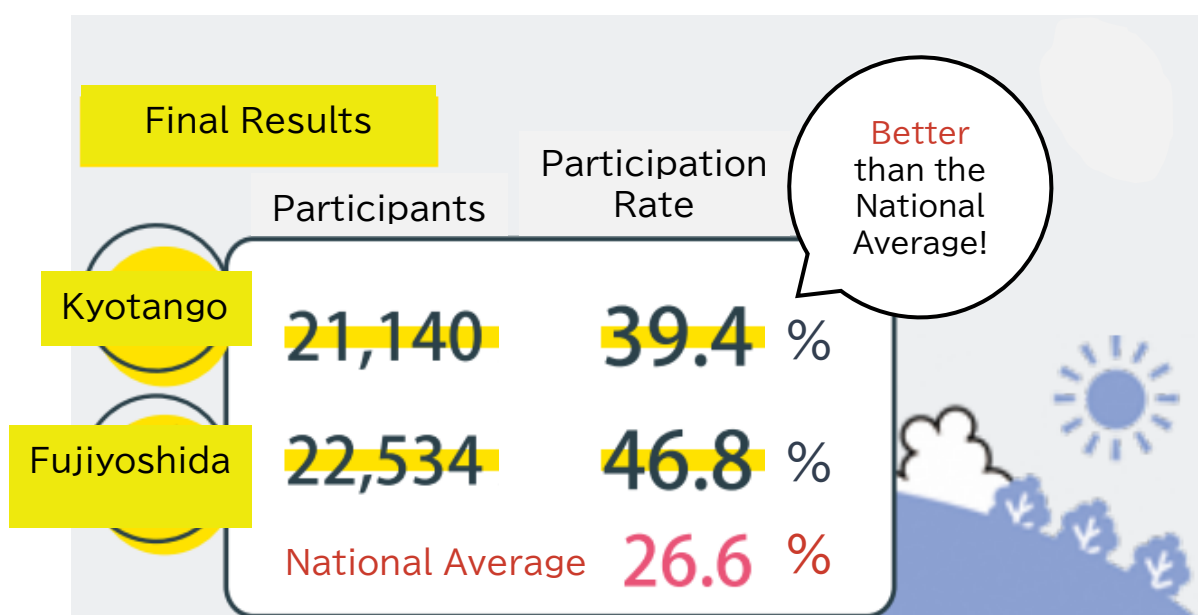
Also, there will be a Job Fair for Seniors planned to be held in January 2022.
Why not take this opportunity to plan for your post-pandemic life?

View the catalog by scanning the QR Code here.

By The Longevity and Welfare Section TEL 0772-69-0330

Kyotango Sports

Kyotango Challenge Day 2021



Under a clear autumn sky on October 27th, Kyotango Challenge Day 2021 commenced.

This event is a competition between municipalities with similar population structures where participation rates for people engaging in at least 15 minutes of continuous exercise within a single day period are compared. The event aims to develop stamina and health, as well as to serve as an occasion for residents to enjoy sports activities.

127 people attended the opening event, "Radio Calisthenics and Walk for 10 Minutes with Everyone", held in front of the City Hall. The final participation rate was 39.4%, but our opponent, Fujiyoshida City in Yamanashi Prefecture, reached ahead of us at a close 46.8%. Nonetheless, over 20,000 people from our city participated in the event. To praise our opponent for their efforts, the City Hall in Mineyama flew Fujiyoshida City's flag for one whole week as per competition rules.



Radio calisthenics in the City Hall's parking lot.



Participants walking along the river near City Hall

Take this opportunity to be healthy and exercise every day!

ACP – Life Meetings

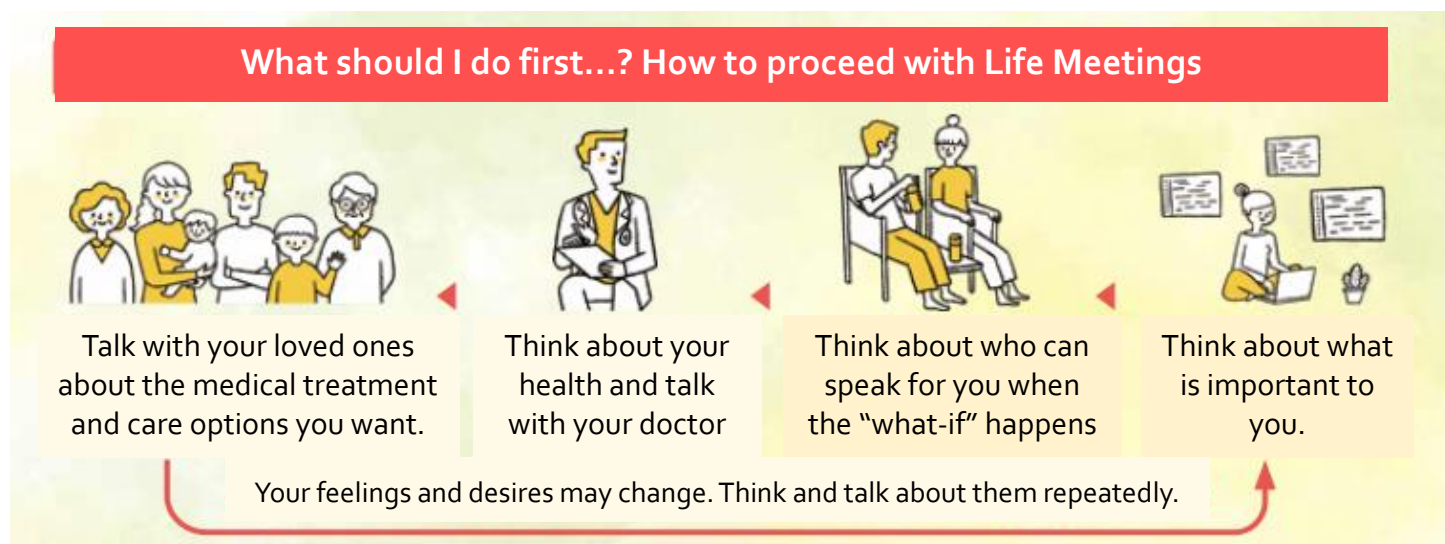
Prepare for the “What ifs” - Talk with your Loved Ones about Life Until Now and From Now On

November 30th is Life Meetings Day.

Life Meetings, also known as ACP (Advice, Care, and Planning), are initiatives to talk to trustworthy people about your values and what kind of medical treatment and care you would like for your future.

Life-implicating illnesses or injuries can happen to anyone, anywhere. When in a life-threatening situation, 7 out of 10 people are unable to make decisions on their own treatment and care, or relay their desires to others.

If you and your loved ones ever end up in a “what-if” situation, sharing your values and feelings with people you trust beforehand will help you greatly.



Kyotango City Regional Comprehensive Support Center

Our team of specialists in Nursing Care, Welfare, and Health Insurance are accepting all kinds of consultations from local senior residents. Working with local services and specialists, we will support you and your family together.

[Mineyama/Omiya/Kumihama] TEL 0772-69-0330 Within Longevity and Welfare Section

[Amino/Yasaka/Tango] TEL 0772-69-0343 Within RaPort

*[This section has been abbreviated. For the full edition and more detailed information on Life Meetings, please refer to the 広報誌 (pp. 12-19). Full interviews are written in Japanese.]

Chirimen Festival 2021 Commences!

The 70th Kyotango Chirimen Festival (hosted by the Chirimen Association) was held around Amity Tango on November 3rd. The festival began in 1951 (Showa 26) and aims to have visitors from within and outside the city experience and learn about the charm of chirimen and kimono. Usually an annual event held in the spring, due to the coronavirus pandemic, the event was delayed until autumn.

In Amity Tango’s Multipurpose Hall, there were stage performances like the traditional Chirimen Kouta Dance, *koto*, and other dance performances. At other

venues, attendees were also able to enjoy *chirimen*-dying experiences, silk-making demonstrations using cocoons, kimono rentals, as well as exhibits that showcased Tango *chirimen* such as “Tango Chirimen and Light Digital Art” and a “Tango Chirimen Tea Room”. There was also an exhibit that displayed historical documents about Tango *chirimen*.



Top – traditional Chirimen Kouta Dance

Bottom – Tea room exhibit that showcases Tango chirimen

Video from the event is available on Youtube →



For Our Children’s Smiles

Gifting “Ika no Osushi” Hand Towels

In October, classes on traffic safety were held at various nurseries and daycares and the children were gifted hand towels depicting the acronym “*ika no osushi*” with picture book-like motifs inspired by nature in Kumihama. The class was held on 10/7 at Kouryuu Rainbow Nursery, 10/14 at Kumihama Nursery, and on 10/21 at Kabutoyama Kindergarten.



Ika no Osushi Hand Towel

Students from Kumihama Prefectural High School and police officers aimed to teach the young children about the acronym and protecting themselves from crime, as well as raising their awareness about traffic safety. The high school students and nursery teachers demonstrated and explained “ika no osushi” to the children through skits.

Also, in the traffic safety class, the children also practiced looking left and right to check for oncoming traffic before crossing the road.

After the “ika no osushi” skits and traffic safety class were finished, the high school students handed out “ika no osushi” hand towels, which the high school students made collaboratively with the Kumihama Police Station and five other police substations as a part of their class.

The high school students told the children to not forget the acronym drawn on the hand towel so they can protect themselves.

“The drawings are cute, so I want to treasure it,” “I’m happy to get the towel. I can’t wait to use it,” “I want to tell my mommy about the acronym!” were some of the comments made by the children.

Ika no Osushi:

- **Ikanai** (Don’t go)
- **Noranai** (Don’t ride)
- **Oogoe de Sakebu** (Yell loudly for help)
- **Sugu ni Nigeru** (Run immediately)
- **Shiraseru** (Let someone know)



Top left - "Ika no Osushi" Skit at Kouryuu Rainbow Nursery

Top right - "Ika no Osushi" skit at Kumihama Nursery

Bottom left - Traffic safety class at Kouryuu Rainbow Nursery

Bottom Right - Group photo taken at Kabutoyama Kindergarten

Emergency Information Forum

Fire/Ambulance/Rescue 119

全国版救急受診アプリ「Q助」

National Emergency Diagnosis App "Q-Jo"

~Quickly figure out how serious your condition is! Know when to call an Ambulance!~



At times when you suddenly get hurt or sick, have you ever been lost on what to do? Should you call an ambulance? Should you take yourself to the hospital? Or should you just wait and see?

Q-Jo, a free app by the Fire and Disaster Management Agency is now available on web and mobile formats. The app tells you how serious the emergency is for a patient and lists the necessary course of action just by selecting applicable symptoms.

*Data fees will be charged while using the application. As of time of publishing, the app

is only available in Japanese.

How to Use:

*Depending on what symptoms are chosen, the menus may be different.

1) Open Q-Jo



【iPhone】



【Android】



【Web 版】

*Agree to the Terms of Use before using the app.

2) Select the applicable symptoms



3) Select the age group



Level of Emergency is indicated by red, yellow, green, and light blue.

Red: Serious emergency. An ambulance should be called immediately.

*The option to call 119 will only be displayed for these instances.

Yellow: Visit a medical facility as soon as possible for an examination.

Green: Not an emergency, but it is recommended to visit a medical facility.

Light Blue: Be careful and keep watch.

4) Results page



The symptoms that you selected will be displayed on the screen. When you call 119, please let the emergency teams know what the symptoms are so your emergency can be addressed smoothly.

Injuries and serious illness can happen suddenly, so please download and register yourself on the app in advance so you can use it when you are unsure to call an ambulance.

You can also call 7119 (Kyoto Emergency Relief Center) and 8000 (Child Emergency Hotline) to get advice on symptoms on medical facilities.

Kyotango City International Association News

First Halloween in Two Years! The Kids Loved it!

On October 30th, the Halloween Experience Event was held at the old Tamba Elementary School for the first time in two years as a lesson for International Understanding. Around 50 families from the city and the base attended the event.

Donning their favorite costumes, the kids enjoyed a haunted house, multicolored paper crafts, and games held in English. When we finally took a group photo, everyone was smiling from ear to ear and the Halloween event ended with smiles all around. One participant commented, "This was a good opportunity for the kids to come into contact with foreign cultures and the English language."



A monster-shooting game and kids trick-or-treating.

To see more from the event on our Facebook and Instagram, scan the QR Codes below.



[Facebook] **[Instagram]**

Coronavirus Measures from Now On

Our prefecture has experienced four states of emergency since the beginning of the pandemic. Presently, the coronavirus situation has calmed down, but that does not mean the risk of infection has gone away. To our city's residents, please continue to abide by the basic prevention measures.

Novel Coronavirus Measures Office (TEL 0120-099-552)

Basic Prevention Rules

- 1) Thoroughly abide by basic prevention measures
 - Proper mask-wearing, thorough hand-washing, and hand-sanitizing while out and about
 - Keeping 1m distance between you and others and avoiding conversing in a loud voice
 - Thorough ventilation
 - Maintaining appropriate humidity levels
- 2) Call your hospital or clinic if you feel unwell
 - If you develop cold-like symptoms like a fever or a cough, call for a consultation.
- 3) Be cautious and avoid risky situations when going out
- 4) Reduce risk of infection when dining
 - Keep dining time under 2 hours
 - Wear your mask properly when talking
 - Limit 4 people to a table
 - Choose restaurants that are certified for taking appropriate prevention measures
- 5) If you have scheduled a vaccination appointment, be proactive and get both of your shots.

Novel Coronavirus Vaccinations

If you have not received both shots of the vaccine, please make an appointment at either Yasaka General Hospital or Kumihama General Hospital.

- If you want to get the vaccine, please make an appointment via Web or LINE, or contact the Call Center.
- The Call Center is accepting appointments for seniors over 65 years of age.

Web



LINE



Novel Coronavirus Vaccination Call Center

Open Hours: Weekdays, 9AM~5PM

TEL 0772-66-3226

Vaccine Passport (Certificate of Vaccination)

- The Vaccine Passport is a document that publicly certifies your immunization record and is for anyone who has plans to travel overseas. If you do not plan to travel overseas but need proof of vaccination, please use your Vaccination Completion Certificate given at the time of vaccination, or your Immunization Record. If you have lost your Vaccination Certificate and would like one reissued, please contact the Novel Coronavirus Measures Office (TEL 0772-69-0135)

Details here:



Booster Shot

- If roughly more than eight months have passed since your second shot of the vaccine, you can receive your booster shot. A document will be sent in the mail detailing when you can schedule an appointment.

If you develop symptoms:

- 1) Call your primary medical facility
- 2) If you don't have a primary medical facility, or if it is afterhours, please call:
Novel Coronavirus Medical Consultation Center
TEL 075-414-5487 (Open 24/7)

Criteria to Call your Medical Facility:

- 1) If you have intense symptoms like difficulty breathing, extreme fatigue, or high fever
- 2) If you are immuno-compromised* and have persisting flu-like symptoms like a fever or cough
- 3) If you don't identify with the above, but have persisting flu-like symptoms like a fever or a cough

*includes seniors, those with underlying conditions (diabetes, at risk of heart failure, or respiratory illness), dialysis patients, or those taking antibiotics or anti-cancer drugs)